

1 **Imprima** todas as páginas
(*esta inclusive*, se você quiser
guardar a ficha com instruções
de uso!);

Passo a
passo

2 Para *aumentar a durabilidade* das
páginas você pode **aplicar papel
Contact, plastificar** ou **colocá-las**
em uma **pasta catálogo** (aquelas
com plástico).

Quem criou
este jogo?

Solange Moll

Psicopedagoga, Psicomotricista
Relacional, Mediadora do PEI
(Programa de Enriquecimento
Instrumental) e Professora
Alfabetizadora. É produtora
de conteúdo e responsável
pela Psicosol.



FOCO-FOCO!

A primeira prancha é utilizada para
treinamento. A criança, com sua mão
dominante, coloca um dedo sobre a figura de
um círculo e dois dedos sobre dois círculos, de
acordo com a quantidade indicada. Em
seguida, ela repete o procedimento com a mão
não dominante.

Na segunda prancha, a tarefa é feita
simultaneamente: a mão direita atua na
coluna da direita e a mão esquerda na coluna
da esquerda, repetindo o procedimento de
acordo com a quantidade de círculos. O mesmo
deve ser feito nas pranchas 3 a 11.

As pranchas 12 e 13 devem ser usadas ao
mesmo tempo que a prancha 14, sendo que, na
prancha 14, a criança precisa contornar o
círculo enquanto realiza as ações das outras
pranchas.

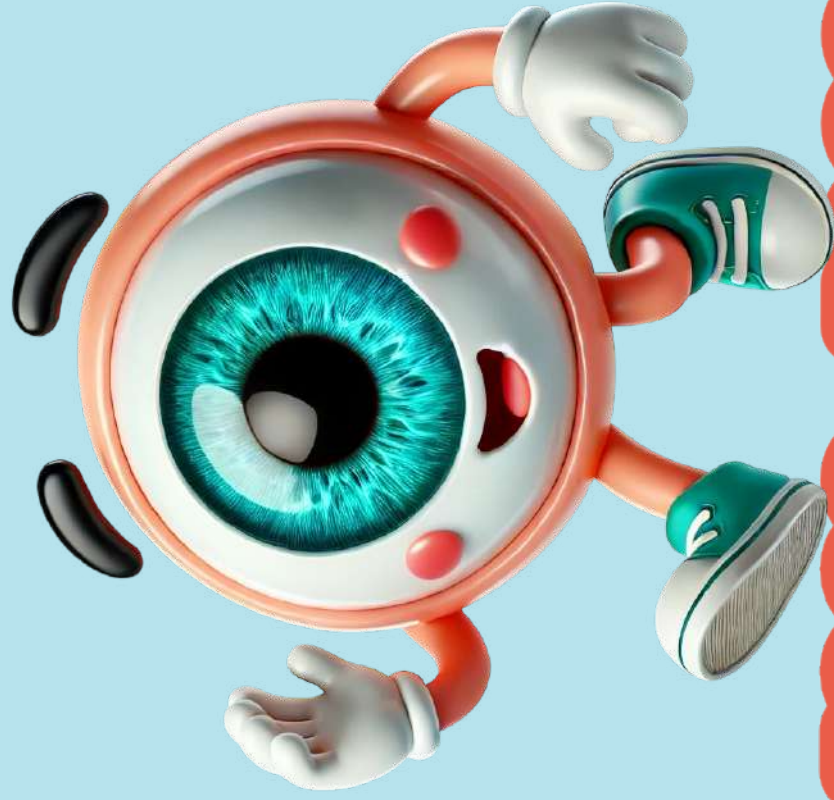
Veja um vídeo com explicação do jogo em:
<https://psicosol.com/foco-foco/>



como
usar

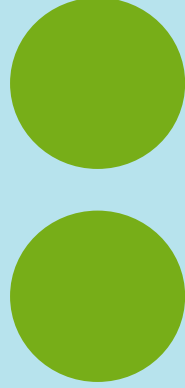
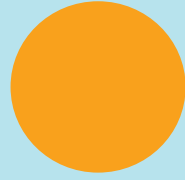
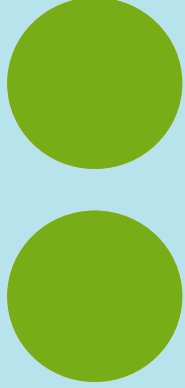
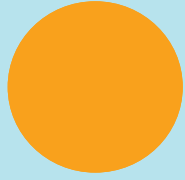
Guarde esta carta
junto com as
pranchas!

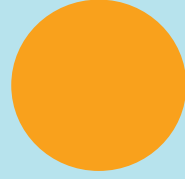
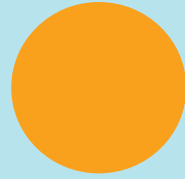
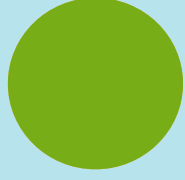
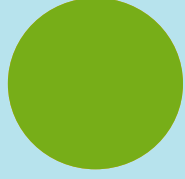
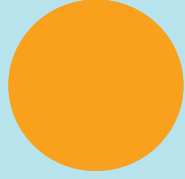
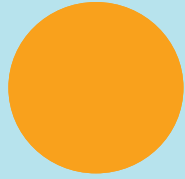
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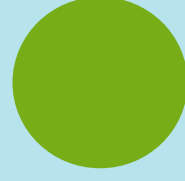
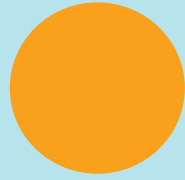
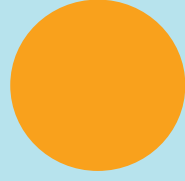
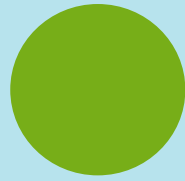
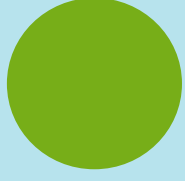
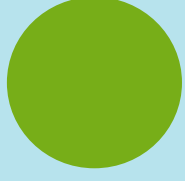
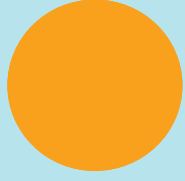
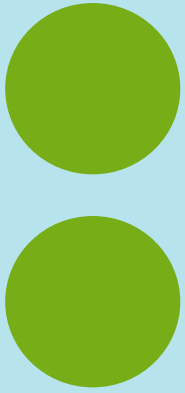


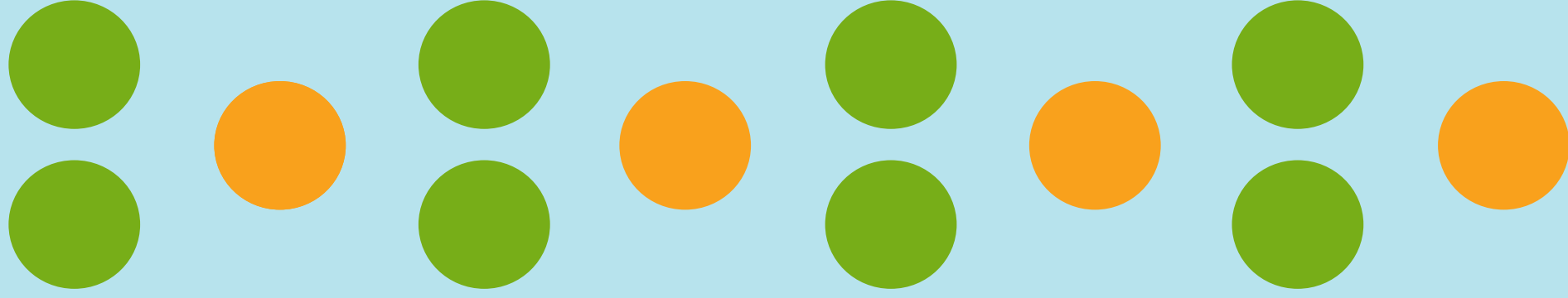
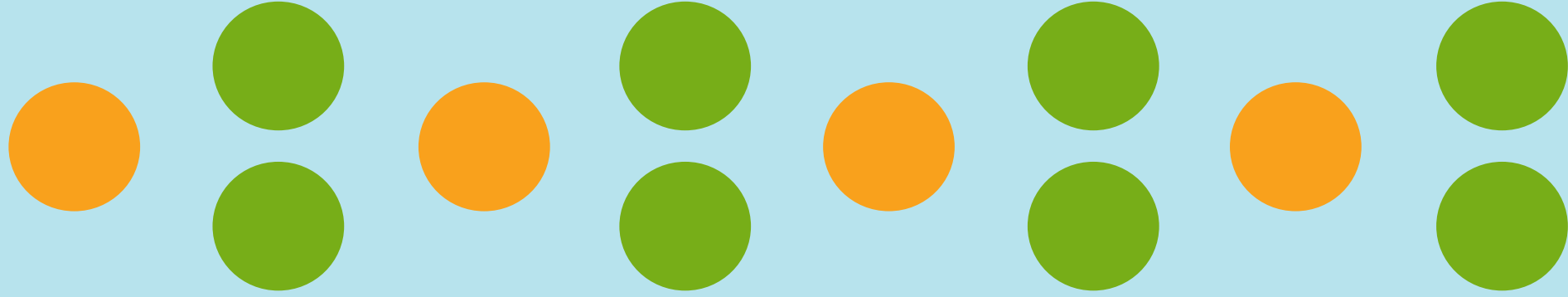
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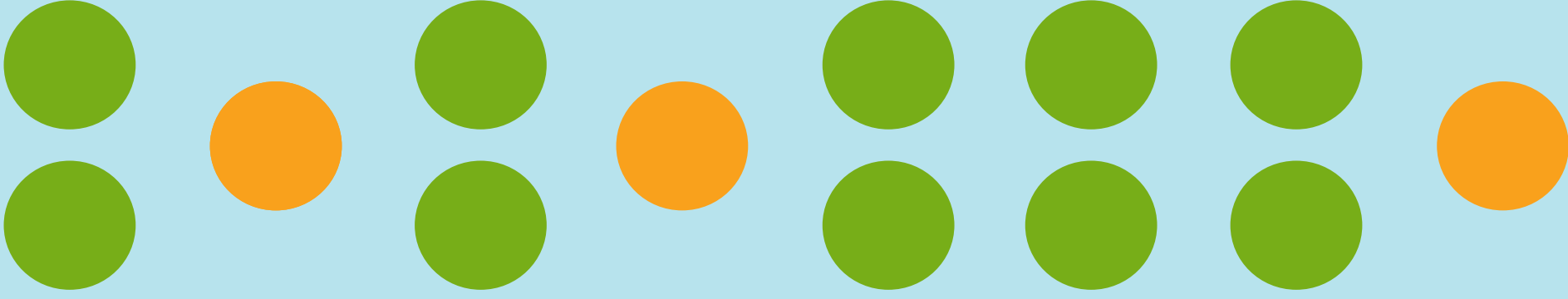
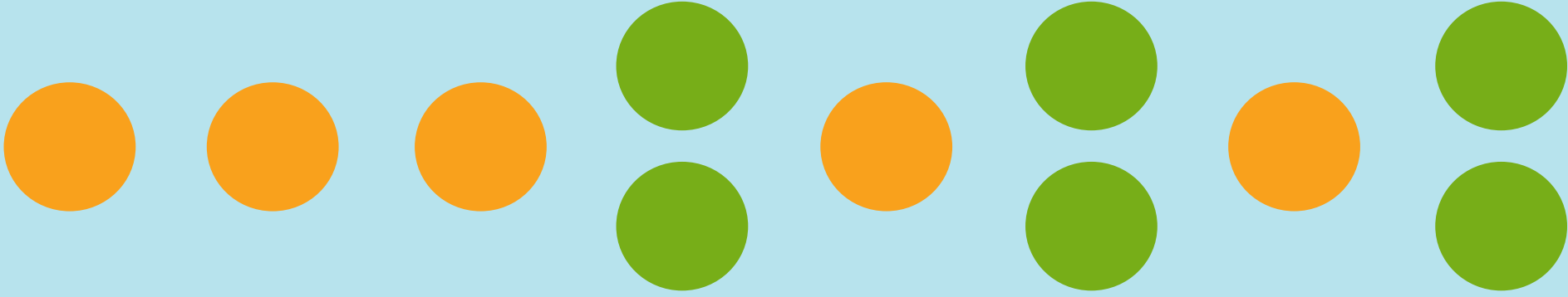
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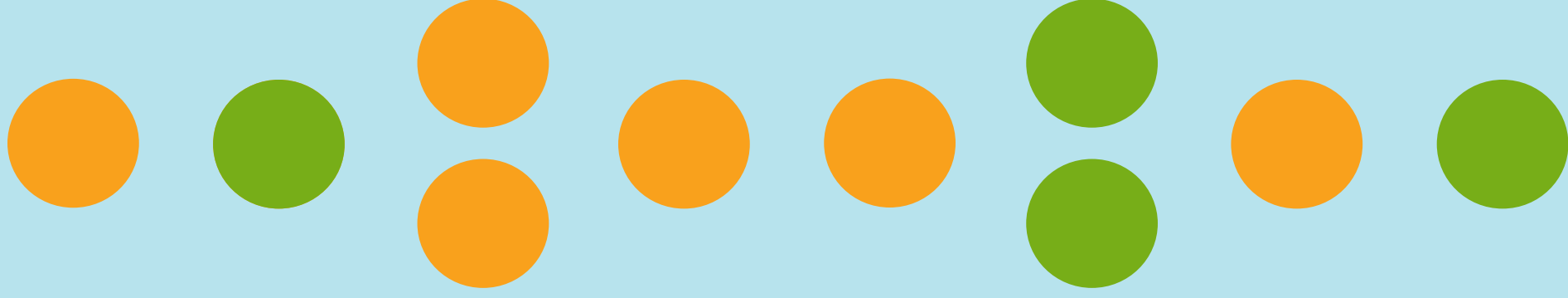
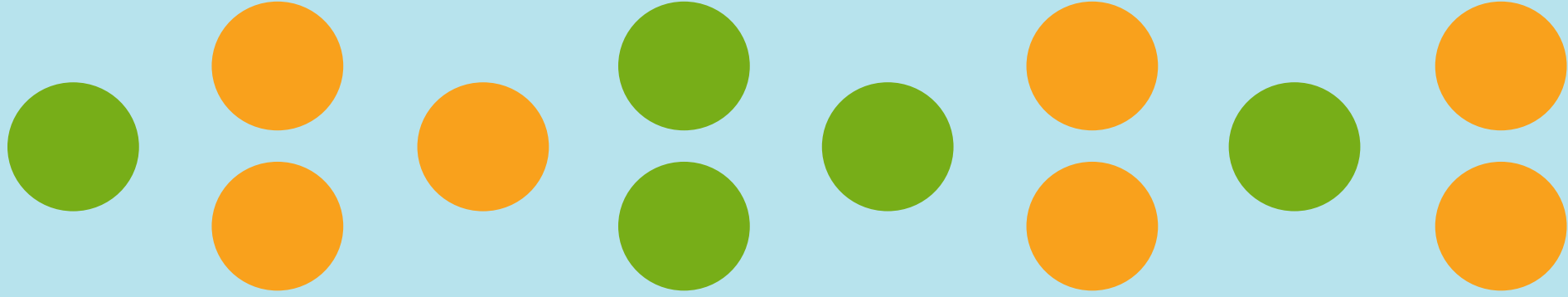




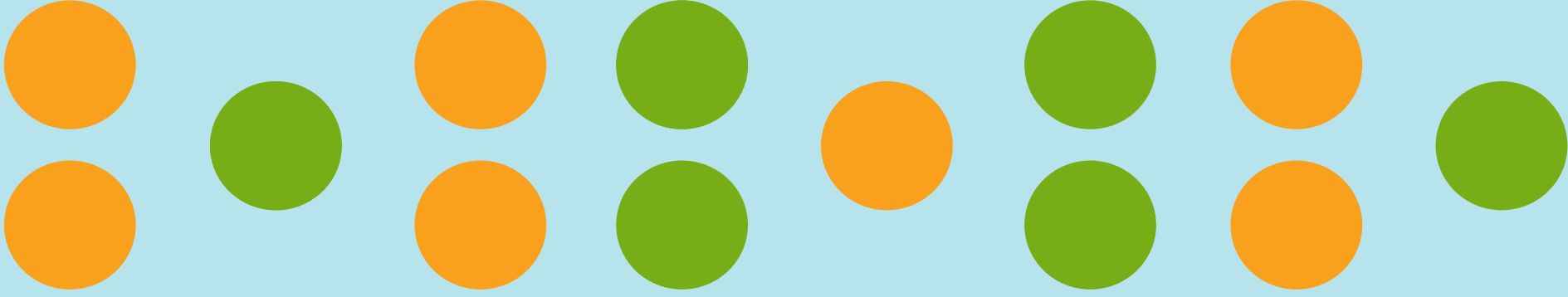
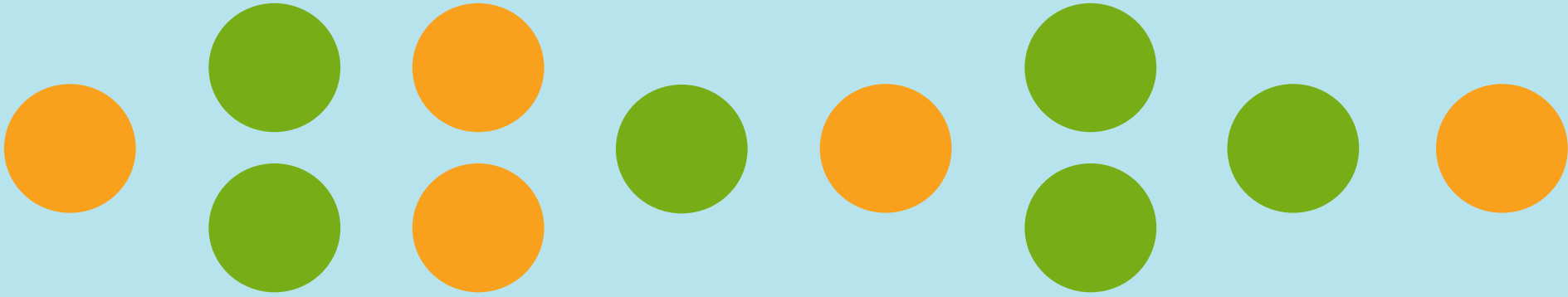


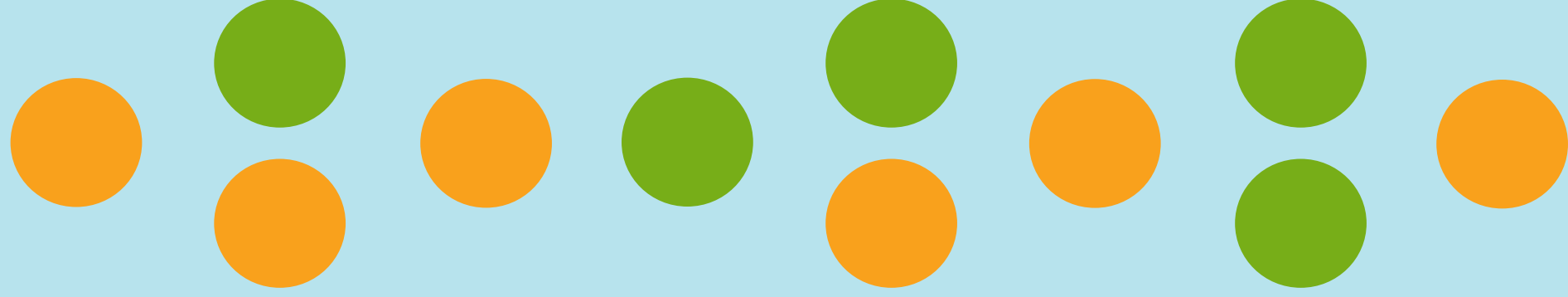
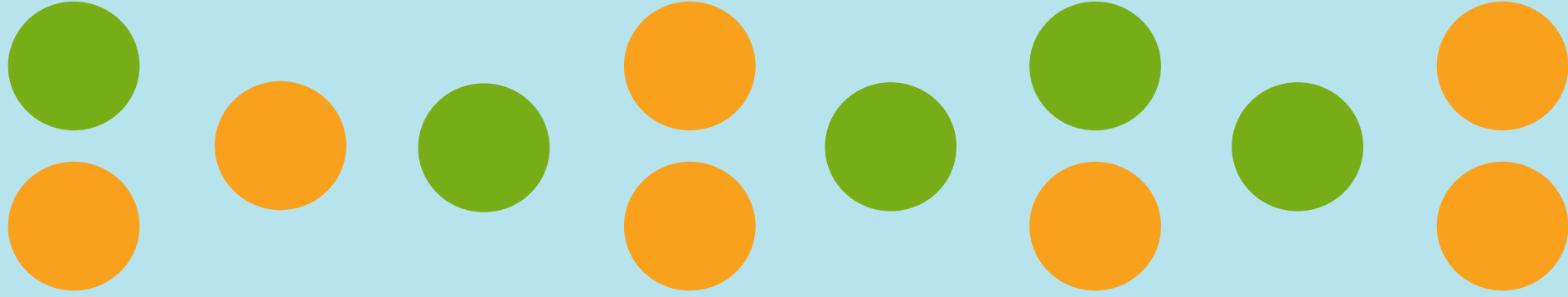


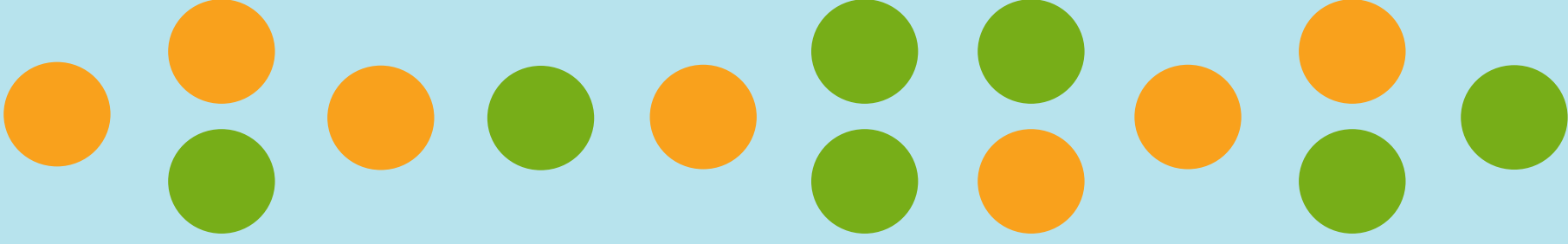
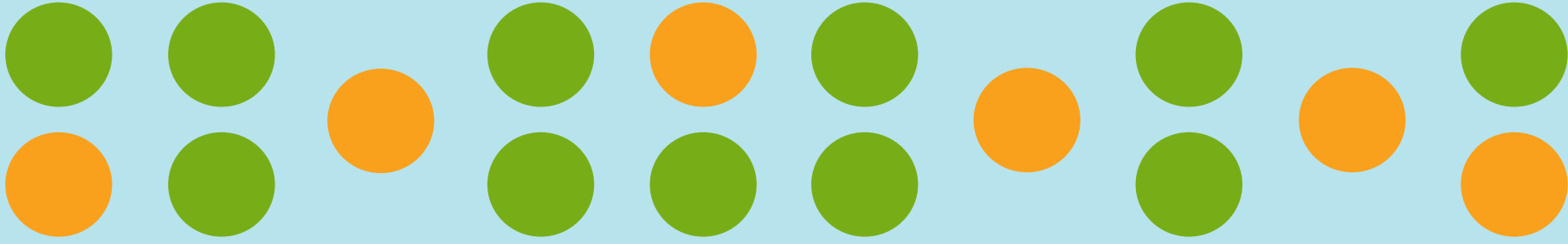


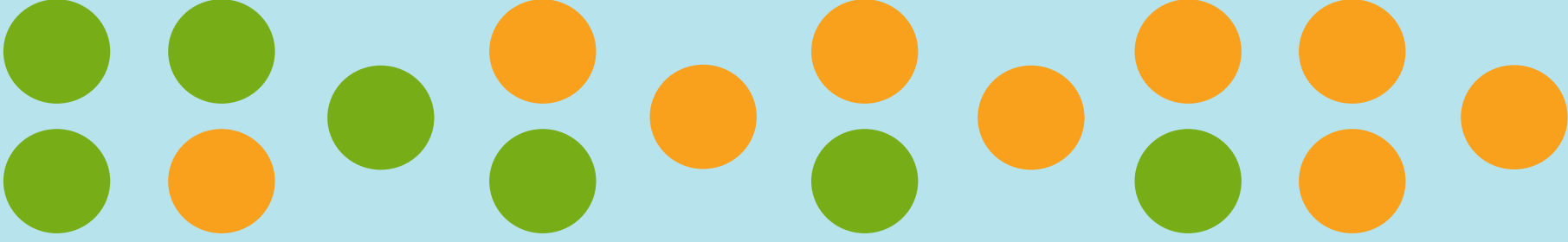
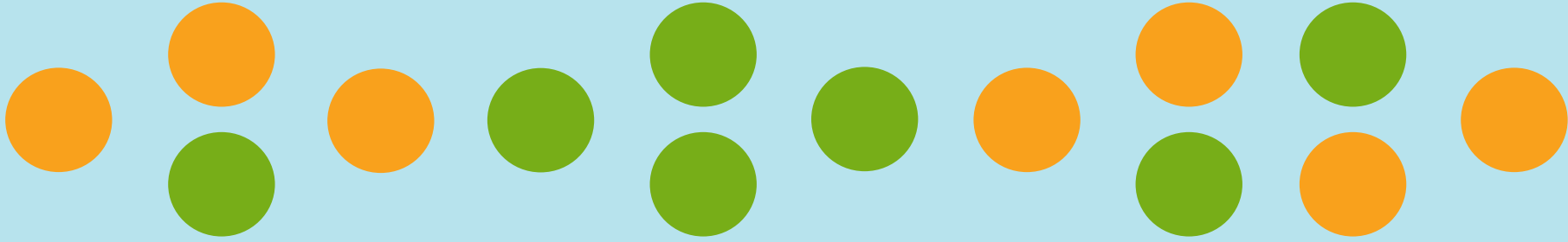


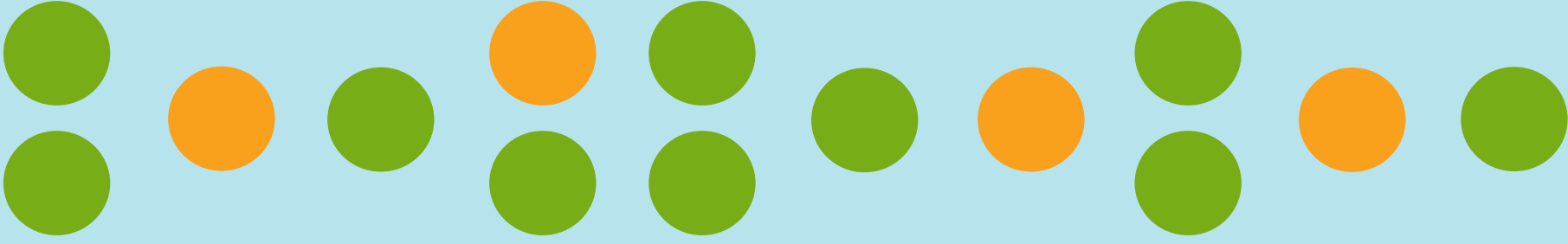
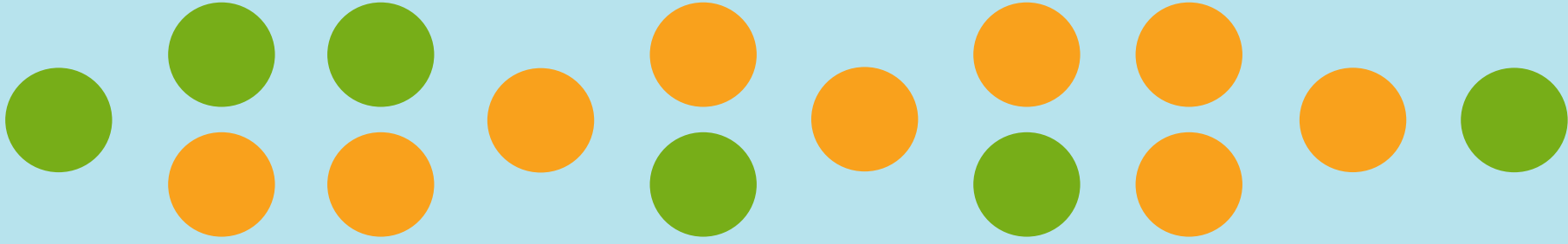
FOCO-FOCO!
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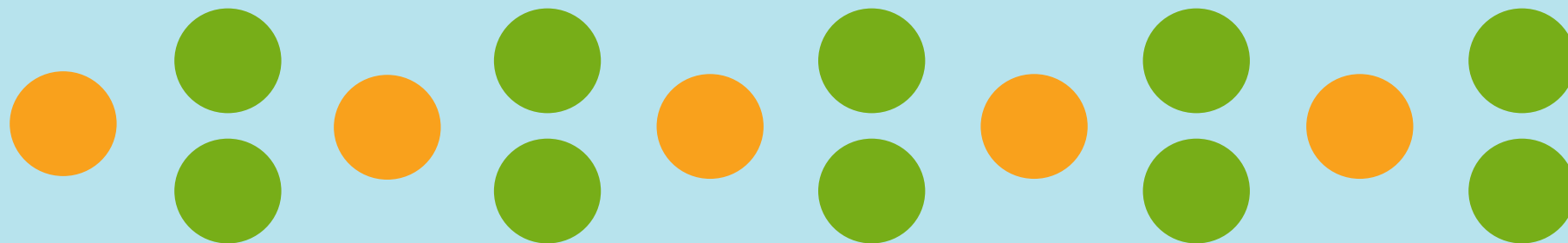








Use esta prancha simultaneamente com a prancha 14



Use esta prancha simultaneamente com a prancha 14

