

- 1 **Imprima** todas as páginas (*esta inclusive*, se você quiser guardar a ficha com instruções de uso!);

Passo a passo

- 2 Para *aumentar a durabilidade* das páginas você pode **aplicar papel Contact, plastificar** ou **colocá-las** em uma **pasta catálogo** (aquelas com plástico).

Quem criou este jogo?

**Solange Moll**

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**FOCO-FOCO!**

A primeira prancha é utilizada para treinamento. A criança, com sua mão dominante, coloca um dedo sobre a figura de um círculo e dois dedos sobre dois círculos, de acordo com a quantidade indicada. Em seguida, ela repete o procedimento com a mão não dominante.

Na segunda prancha, a tarefa é feita simultaneamente: a mão direita atua na coluna da direita e a mão esquerda na coluna da esquerda, repetindo o procedimento de acordo com a quantidade de círculos. O mesmo deve ser feito nas pranchas 3 a 11.

As pranchas 12 e 13 devem ser usadas ao mesmo tempo que a prancha 14, sendo que, na prancha 14, a criança precisa contornar o círculo enquanto realiza as ações das outras pranchas.

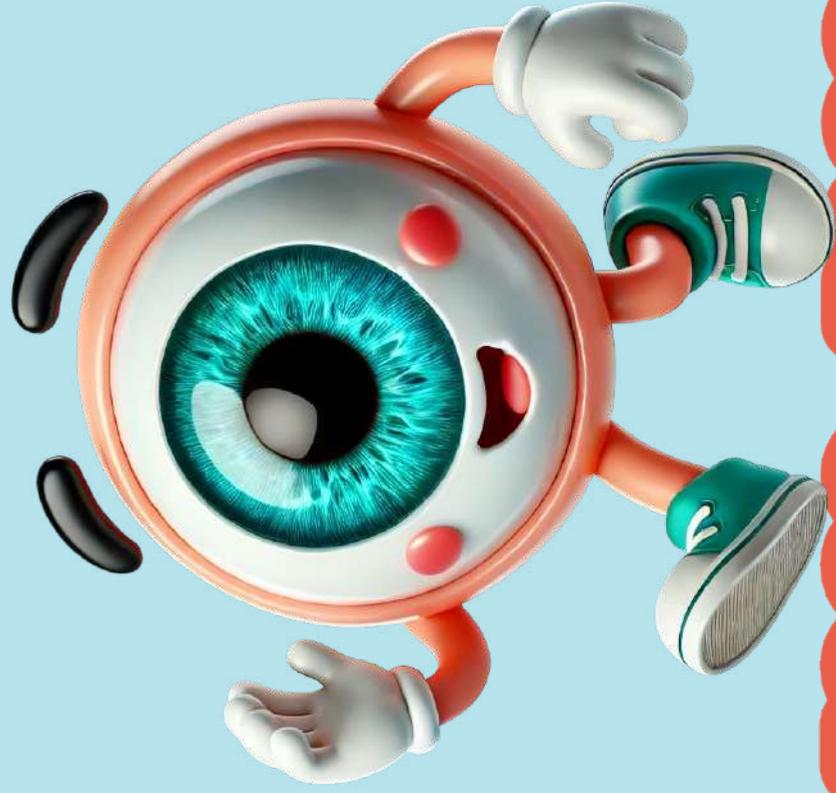
Veja um vídeo com explicação do jogo em: <https://psicosol.com/foco-foco/>



como usar

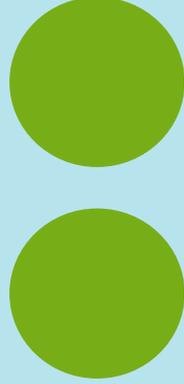
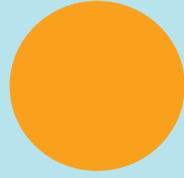
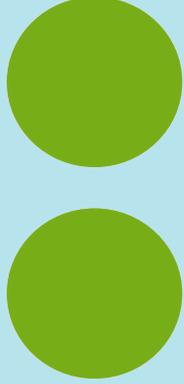
Guarde esta carta junto com as pranchas!

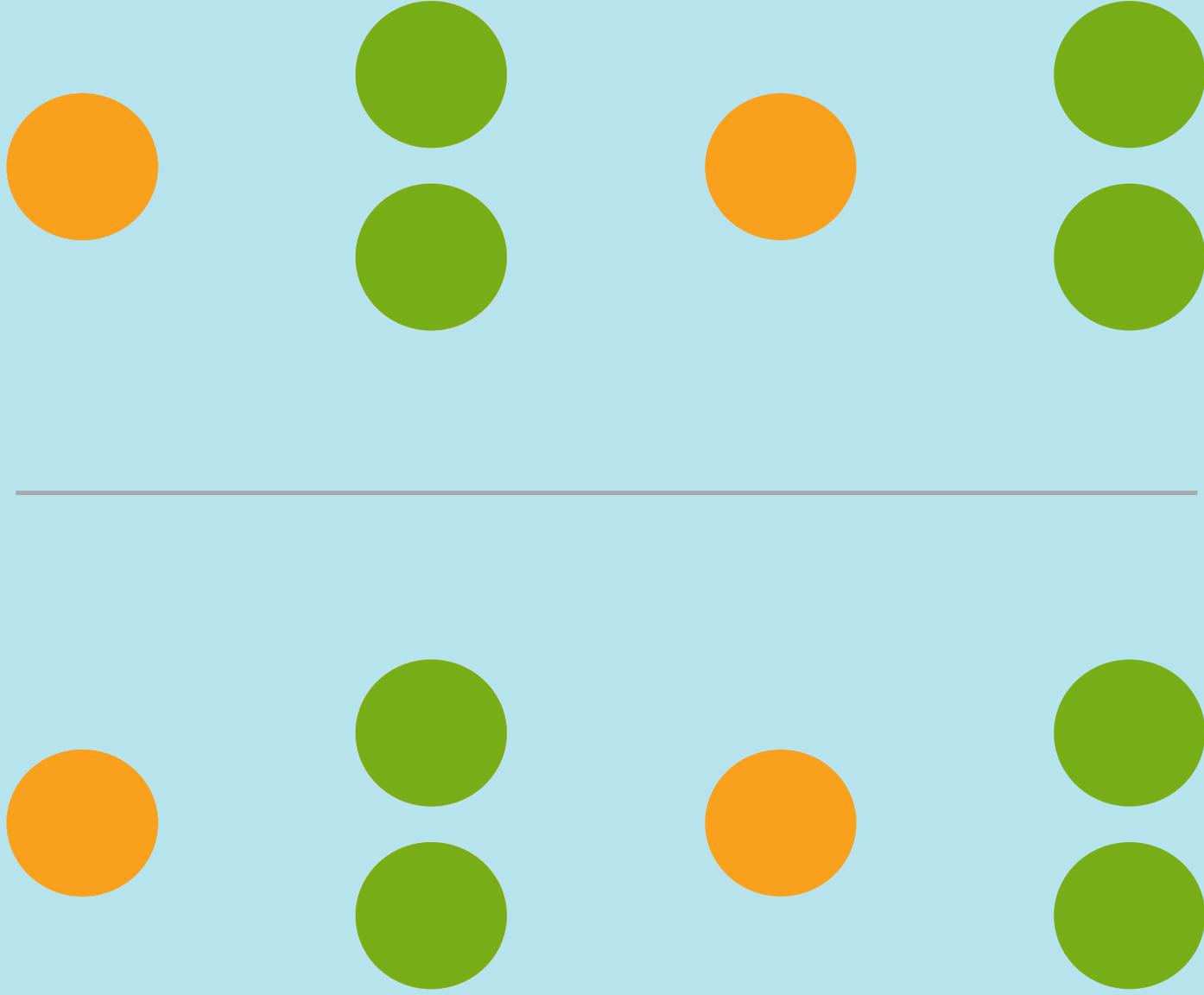
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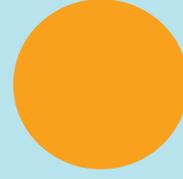
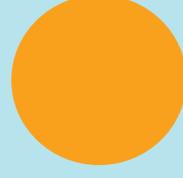
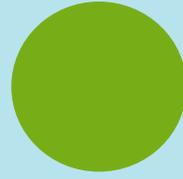
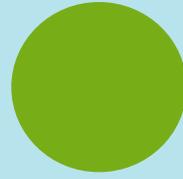
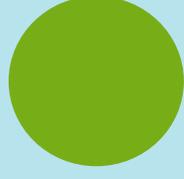
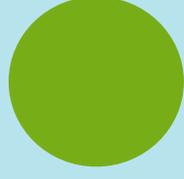
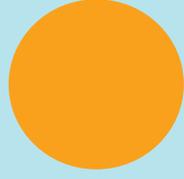
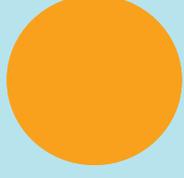
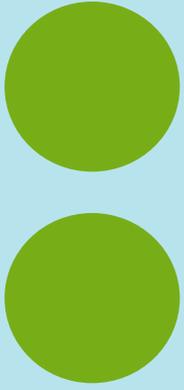


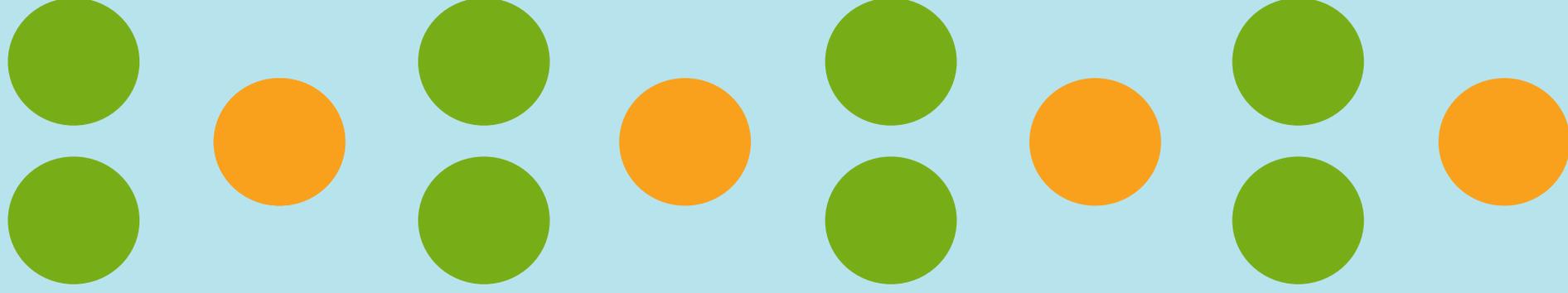
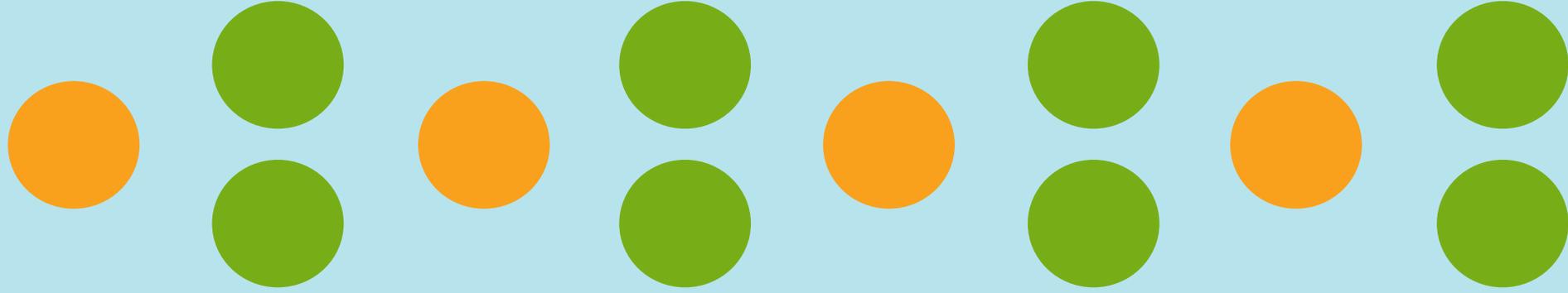
**FOCO-FOCO!**

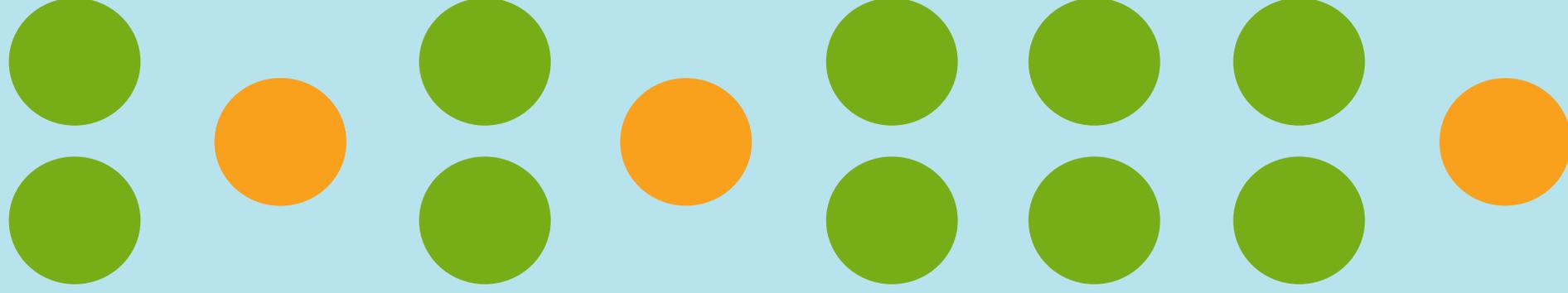
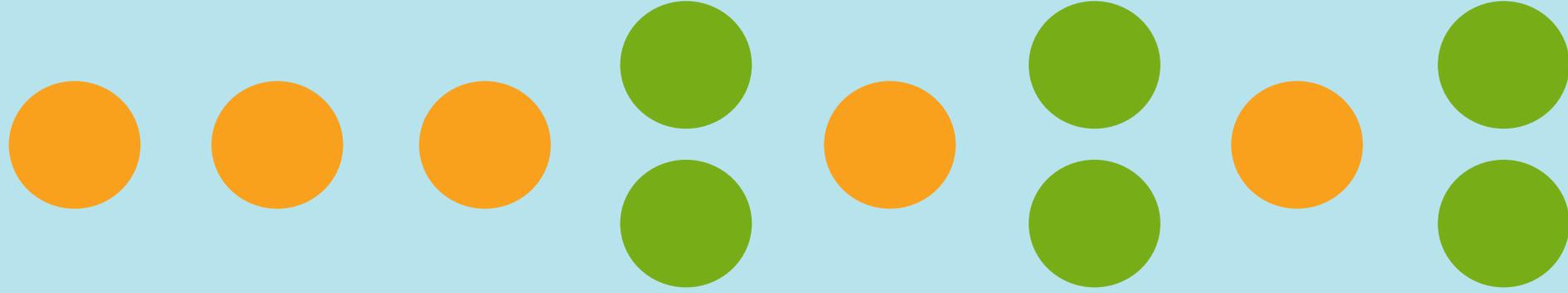
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[www.psicosol.com](http://www.psicosol.com)

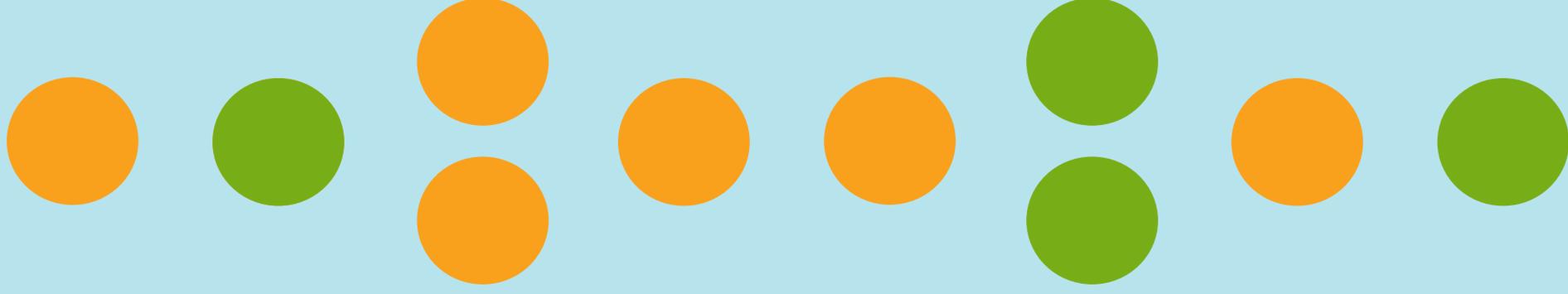
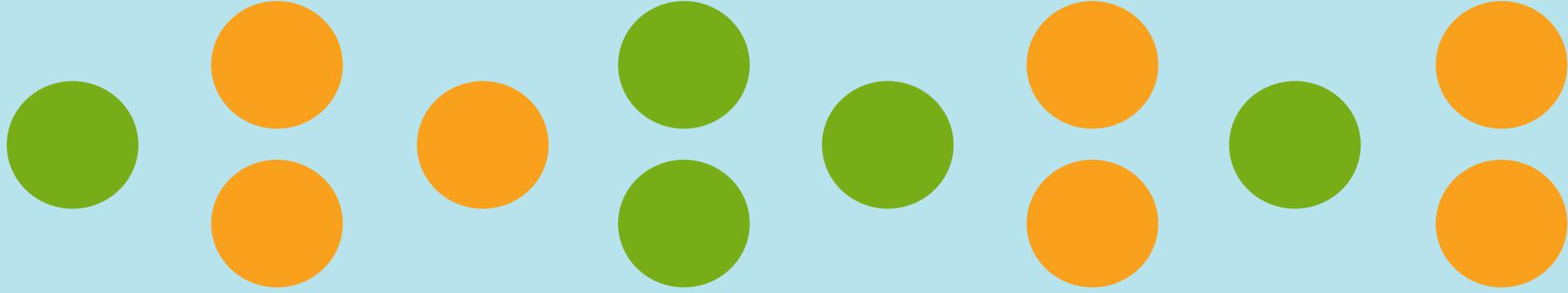




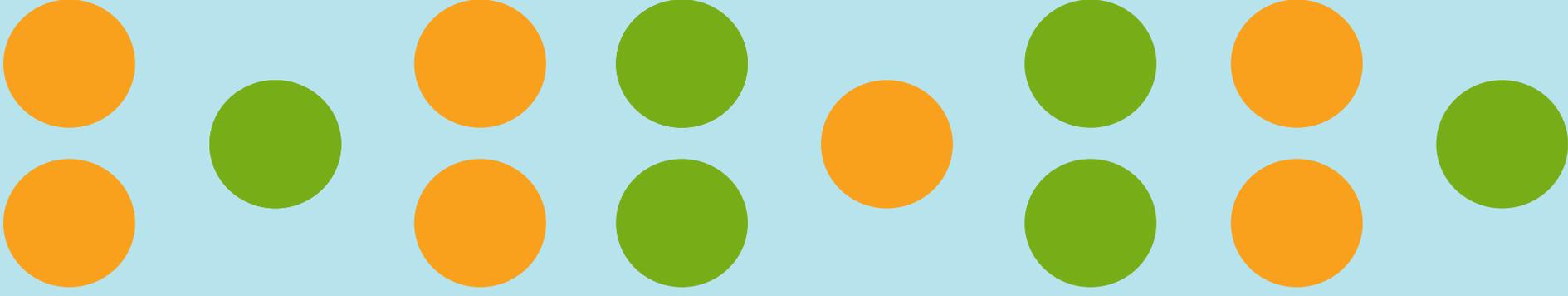
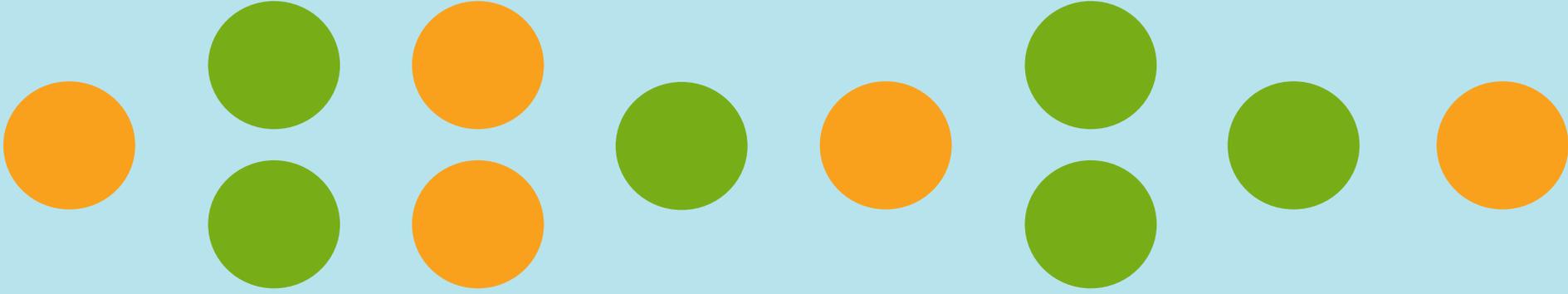


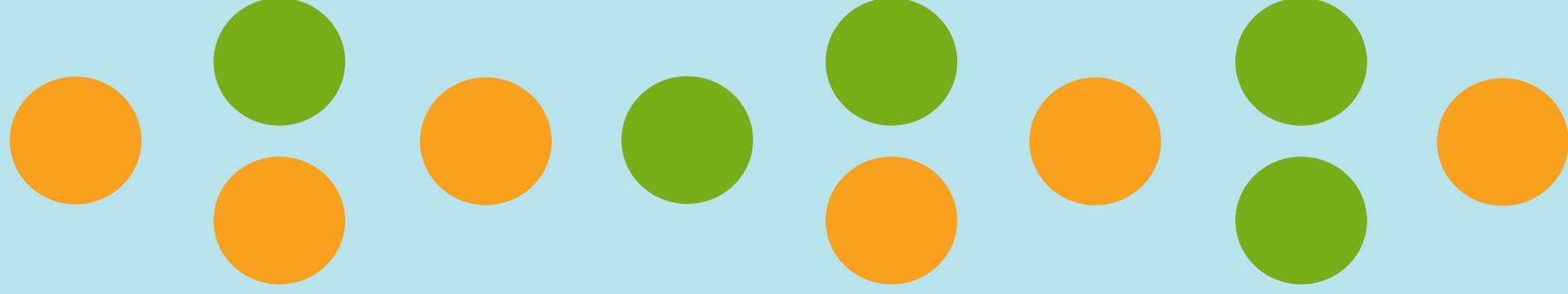
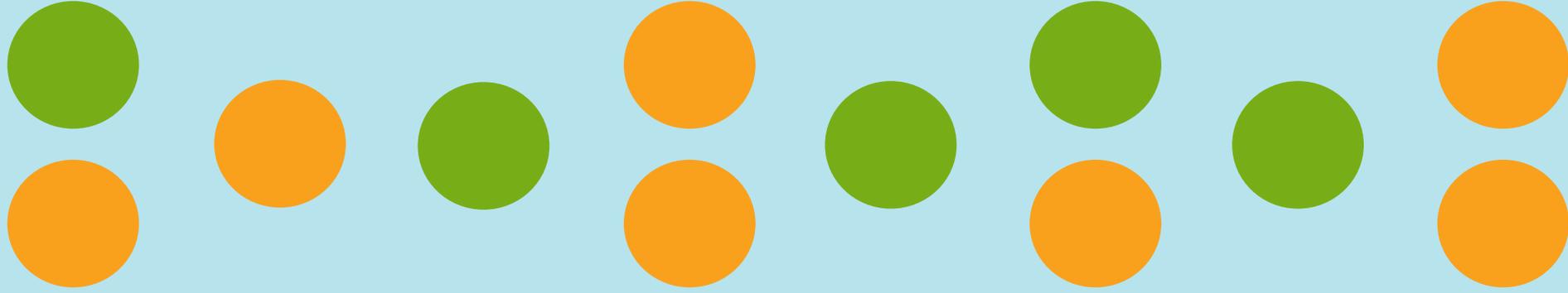


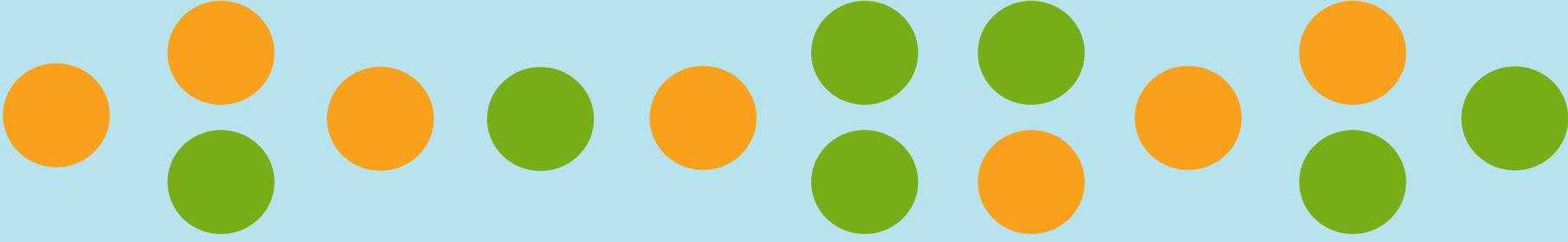
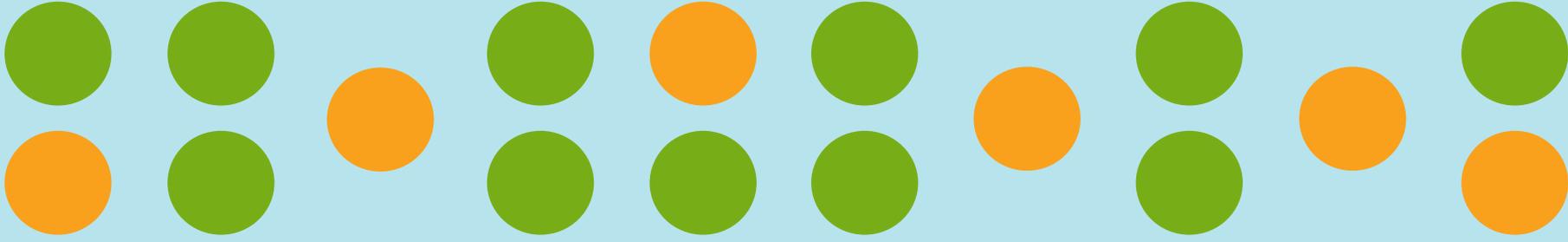


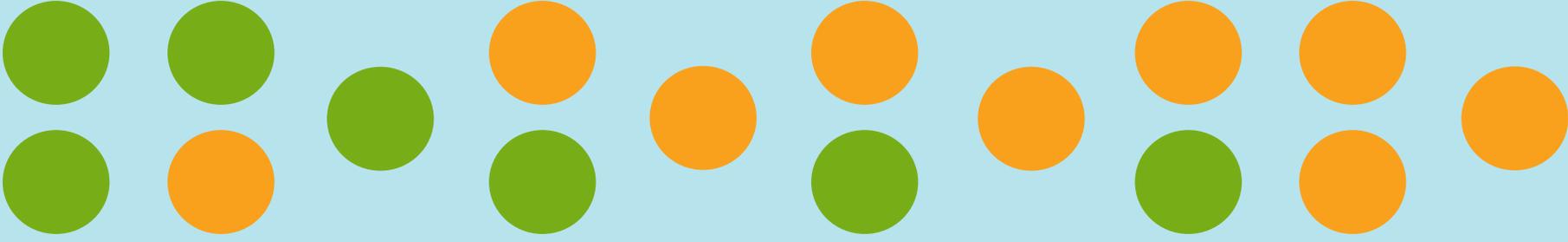
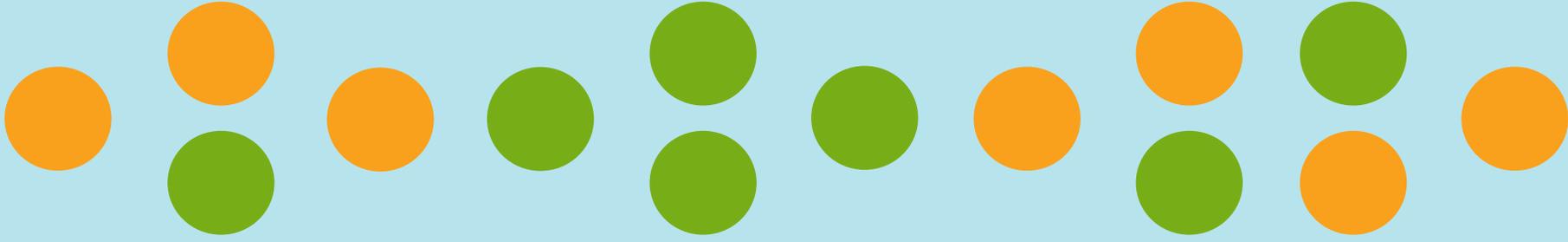


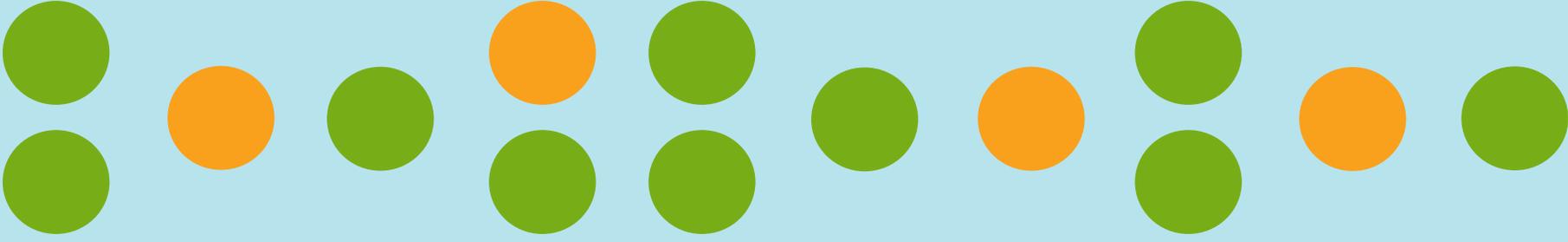
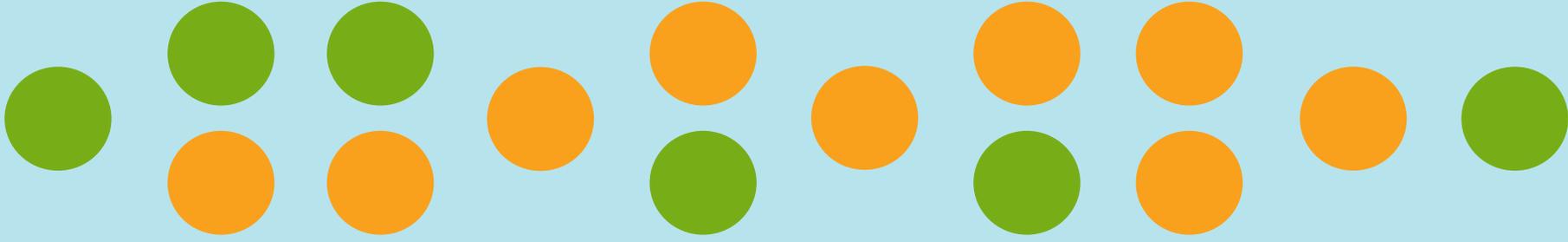
**FOCO-FOCO!**  
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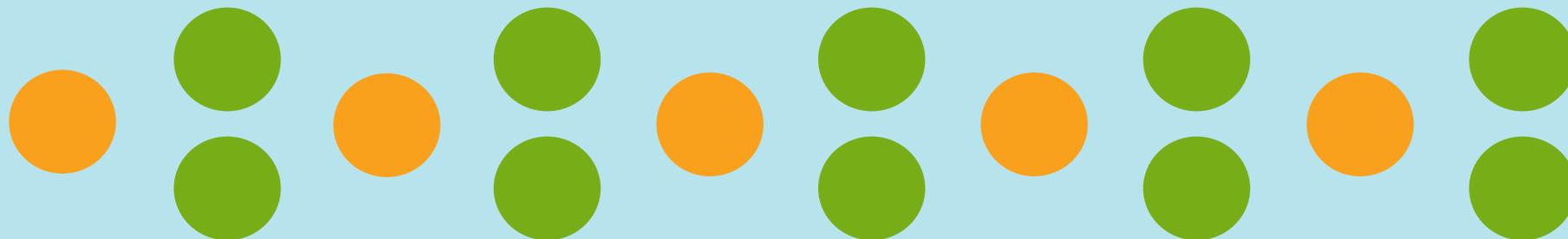








Use esta prancha simultaneamente com a prancha 14



Use esta prancha simultaneamente com a prancha 14

